Two Riversmeet Swimming Pool Timetable - During Normal TERM TIME

MAIN POOL ONLY

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Mon	Public Swim					School Swim												Public Swim		Junior Lessons				Public Swim		Club Swim				2 x Public Lane Swim / Public Swim		
Tues	Club Swim / Public Swim		Public Swim			Disabled Swim			Aqua Fit / Public Swim		Aqua Fit	Public Swim								Junior Lessons				Swim Fit		Aqua Fit / Lane Swim		Club Swim				
Weds	Public Swim		Aqua Fit	Public Swim								2 x Public Lane Swim / Public Swim				Club Swim		Public Swim		Junior Lessons				Club Swim / Public Swim		Club Swim						
Thurs	Club Swim / Public Swim			Public Swim								Public Swim / Deep Aqua				Public Swim				Junior Lessons			Public Swim	Club Swim / Public Swim		Club Swim						
Fri	Public Swim					Closed				Aqua Fit		2 x Public Lane Swim / Public Swim						Public Swim			Club Swim - 3 x lanes / Public Swim								Club Swim		
Sat	Closed			Swim Fit / Public Swim					Jnr Lesson	Family Public / Swim								Fun Session		Public Swim		Private Hire (party etc.)										
Sun	Closed			Public Swim						Family Public / Swim								Fun Session		Private Hire (party etc.)				Club Swim						Closed		

Swimming Pool Prices

Adult £4.20 Junior £2.95
Senior £3.15 Concessions £1.00

Swim Fit is an exciting new way to getting fit, stay in shape or tone your body. Developed by experts at the Amateur Swimming Association (ASA), Swim Fit is a FREE pool-side fitness tool helping you to achieve your health and fitness goals.

TERM TIME

Please note that children under 8 years of age must be accompanied IN the pool by an adult.

SMALL POOL ONLY

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Mon	Public Swim					School Swim												Public Swim		Junior Lessons				Public Swim / Junior Lessons		Club Swim				Public Swim		
Tues	Public Swim					Disabled Swim			Aqua Fit		Aqua Fit	Public Swim			Toddler Lessons			Public Swim		Junior Lessons				Public Swim / Junior Lessons		Aqua Fit		Club Swim				
Weds	Public Swim		Aqua Fit	Public Swim			Adult / Babe	Parent / Toddler 1	Parent / Toddler 2		School Swim	Public Swim	Public Swim / Toddler Lessons					Public Swim		Junior Lessons				Public Swim		Club Swim						
Thurs	Public Swim							Junior Lesson	Adult / Toddler 1	Adult Baby	Adult / Toddler 2	Public Swim								Junior Lessons				Public Swim		Club Swim						
Fri	Public Swim					Closed				Aqua Fit		Public Swim								Junior Lessons				Public Swim					Club Swim			
Sat	Closed			Public Swim		Junior Lessons						Family Public / Swim						Fun Session		Public Swim		Private Hire (party etc.)										
Sun	Closed			Family / Public Swim														Fun Session		Private Hire (party etc.)				Club Swim						Closed		

Guidelines on Adult to Child ratio for swimming

If non swimmers are wearing armbands
1 adult to 3 children if aged 4-7 years
1 adult to 2 children if one or both children are under 4 years

If non swimmers are NOT wearing armbands
1 adult to 1 child aged 0-3 years
1 adult to 2 children aged 4-7 years

For more details regarding the facilities at Two Riversmeet please contact our Receptionists on 01202 477987 or check out www.dorsetforyou.com/2rm

TERM TIME