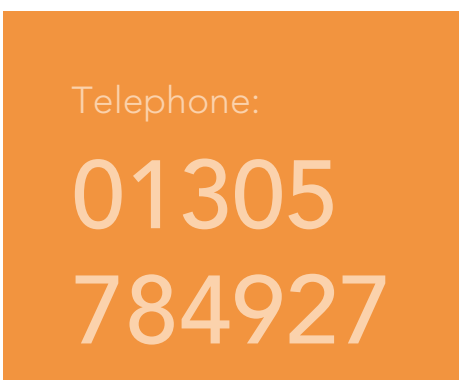


outdoor & active

Dorset County Council
Weymouth Outdoor Education Centre



www.dorsetforyou.com/outdoorandactive

8-16 year olds

Full details of sessions, courses, clubs and booking forms at www.dorsetforyou.com/outdoorandactive

School holiday 2010

Easter holiday: 6 – 9 and 12 – 16 April

Summer half term: 1 – 4 June

Summer holiday: 26 July – 3 September

Autumn half term: 25 – 29 October

Courses due to start on Bank Holiday Mondays,
5 April, 31 May and 30 August will start Tuesdays.

April – October, weekday and Saturdays

Climbing Club - Tuesdays after school

Sailing Club - Saturday morning

Sailing Racing Team - Wednesday evening
and Saturday afternoon

Kayaking Club - Saturday morning

Early arrivals and late leavers - Earliest time of arrival 8.45am. Latest time to be collected 5.00pm.

	Activity option	Min Age	Duration in days	M	T	W	T	F	S	Time	Cost
Kayaking	Taster session Passport Level 1	8	½							9.15am – 12.30pm or 1.30pm – 4.30pm	£14.00
	Beginner Course Passport Level 2 - 5	10	2							9.15am - 4.30pm	£70.00
	Improver Course Discover Level 6 & 7	10	2							9.15am - 4.30pm	£70.00
	Intermediate Course Discover Level 8 & 9	10	2							9.15am - 4.30pm	£70.00
	Advanced Course	12	4							9.15am - 4.30pm October half term only	£140.00
	Kayak Club Need to have Level 6 & 7	10	½							9.15am – 12.30pm 10 Apr - 23 Oct	£5.50
Sailing	Taster Session	8	½							9.15am – 12.30pm or 1.30pm – 4.30pm	£16.00
	Beginner Course, Stage 1	8	2							9.15am - 4.30pm	£90.00
	Improver Course, Stage 2	8	2							9.15am - 4.30pm	£90.00
	Intermediate Course, Stage 3	8	4							9.15am - 4.30pm	£180.00
	Advanced Course, Stage 4	8	4							9.15am - 4.30pm	£180.00
	Sailing Club Need to have Stage 2	8+	½							9.15am – 12.30pm 10 Apr - 23 Oct	£8.00
	Sailing Racing Team Need to have Stage 3	10	½							6.00pm – 9.00pm Wed 1.30pm – 4.30pm Sat	£8.00
Rock Climbing	Taster Session	8+	½							9.15am – 12.30pm or 1.30pm – 4.30pm	£14.00
	Beginner Course	10	2							9.15am - 4.30pm	£65.00
	Improver Course	10	2							9.15am - 4.30pm	£65.00
	Climbing Club	10	½							4.30pm – 7.30pm 20 Apr - 19 Oct	£5.50
Multi Activity Adventure	Dry Adventure	8+	M & T							9.15am - 4.30pm	£52.00
	Wet Adventure	8+	W T & F							9.15am - 4.30pm	£75.00
Belly Dancing	Taster Session	8+	½							9.15am – 12.30pm	£6.00
	Beginner Course	8+	4 x ½							9.15am – 12.30pm	£24.00
Street Dancing	Taster Session	8+	½							1.30pm – 4.30pm	£6.00
	Beginner Course	8+	4 x ½							1.30pm – 4.30pm	£24.00
Taekwondo	Taster Session	8+	½							9.15am – 12.30pm	£6.00
	Training Sessions All levels	8+	2 x ½							9.15am – 12.30pm	£12.00

Weymouth Outdoor Education Centre - Knightsdale Road, Weymouth, DT4 0HS 01305 784927

Group Bookings

Weekdays, after school, evenings and Saturdays.

Schools, colleges, youth groups, friends, families and corporate.

For full details of activities, programmes, courses and prices for groups go to www.dorsetforyou.com/outdoorandactive

To make a group booking

- Select the activities and the programme option from the list below
- Select your preferred date and time
- Contact WOEC to check availability of dates and to plan the programme
- Visit WOEC to look round and to discuss the planned programme in detail

Schools and colleges

Activity programmes for schools are made up of taster sessions or a course designed to meet the needs of the pupils.

- Reception to year 13
- All year round
- Special school programmes
- New term team building
- Year 12 induction programme
- Curriculum time sessions and courses
- After school activity club
- Activity days and activity week
- Activities at your school
- Choice of accommodation at local hotels, YHA and campsites

Youth groups, friends, families and young people

Anyone who wants to organise a group, can make a group booking.

- 3 hour sessions from £118.00 per team
- 2 sessions in a day
- Taster sessions and courses

Birthday parties

- Age 8 – 16 years, up to 12 in a team
- On site activities for younger age group
- Bring your own cake and refreshments
- £118.00 per team 3 hours on Saturday
- £78.00 per team 2 hours weekdays after school

Corporate Team Building

There are a range of team building programmes to choose from that will be matched to meet the objectives of the team. A team building programme does not have to be physically challenging or demanding. An all day programme would usually consist of centre based team challenges in the morning and in the afternoon either sailing, kayaking, climbing or Operation Flightpath, a centre based problem solving task.

- Half a day or a whole day
- Groups of up to 120
- Teams of 8 - 12 depending on the activity
- Lunch can be provided

Activities	Number per team	Max. of teams	Programme options
Kayaking	8	4	Taster session and BCU courses
Sailing	8	3	Taster session and RYA courses
Tower climbing	9	3	Taster session and courses
Crag Climbing	9	3	Taster session and courses
Abseiling	9	2	Taster session
Team Challenge	12	10	Taster session
Rock Hopping	8	2	Exploring the seashore, scrambling and walking
Archery	9	1	Indoor target shooting, October - March
Adventure Activities	12	2	Outdoor cooking, tracking games, shelter building and fire lighting

Other Clubs at WOEC

These clubs operate independently at WOEC at the times listed below, for further details and bookings contact the organisers directly.

Belly Dancing (14 years to any age)

Monday and Friday 7.00pm - 9.00pm

Michelle Bosley 07970 555154

Email: bellydancing_with_michelle@yahoo.co.uk

Taekwondo (4 years to any age)

Monday 6.00pm and Thursday 5.00pm

Rob Mc Donald 07886 488415

www.kickdorset.co.uk

Belly Dancing (12 years to any age)

Wednesday and Thursday 7.15pm – 8.45pm

Michele Yurbas 01305 773653

Email: florabellamichele@yahoo.co.uk

Judo (8 years to any age)

Friday 7.00pm – 9.00pm

Andy Jump 07974 204132

Email: andrewjumpatyac@msn.com

Adult sessions and courses

For more information on all sessions and courses go to www.dorsetforyou.com/outdoorandactive

The usual minimum age for anyone participating in these programmes is 16 years old. However, if you are younger than 16 year of age and have a high skill level, please contact WOEC to discuss your place on a session or course.

Sailing for beginners and improvers

Learn to sail and improve your sailing in single and two hander dinghies and have a go at yacht sailing in a Hawk 20 and a J24.

Monday 19 April – 12 July and Tuesday 20 July – 7 Sept, 6.30pm – 9.30pm. £20.00 per session or 4 sessions for £70.00

Rock Climbing for beginners and improvers

Sessions will focus on climbing at different locations on the Isle of Portland. The sessions will also include instruction on how to use a guidebook, equipment selection, top rope set ups and climbing skills and techniques.

Tuesday 20 April – 24 August, 6.30pm – 9.30pm
£20.00 per session or 4 sessions for £70.00

Kayaking Programme

Kayaking for beginners and improvers
Thursday 22 April – 23 September

Learn to kayak and improve your kayaking using sit-on-tops, general purpose kayaks and sea kayaks at great locations on the Jurassic Coast. 6.30pm–9.30pm
£20.00 per session or 4 sessions for £70.00

Kayaking programme for improvers to advanced paddlers
September 2010 – March 2011

Sea journeys, river descents, surfing sessions and paddling in the dark. For a programme of events go to www.dorsetforyou.com/outdoorandactive

Kayaking Festival for improvers to advanced paddlers, 12 - 15 August

Select different training sessions each day to make up your own programme. Choose from intermediate and advanced journeys on the Jurassic Coast and technical sessions on rescues, towing, navigation and rough water handling. For a programme of festival sessions go to www.dorsetforyou.com/outdoorandactive

Kayak Rolling course for all levels of paddlers
November 2010 – January 2011

Learn to roll and learn new rolling techniques for different situations. The sessions are held in the swimming pool at Thomas Hardy Leisure Centre starting at 5.00pm. All equipment supplied. For course dates go to www.dorsetforyou.com/outdoorandactive

BCU training and assessment
September 2010 – March 2011

UKCC Coach Level 1 and 2 training and assessment
Foundation Safety and Rescue
Tidal Planning and Coastal Navigation
3 and 4 Star Sea training and assessment
Level 1 and 2 transfer course
Moderate water endorsement
For a programme of courses go to www.dorsetforyou.com/outdoorandactive

Fastrack Instructor Course

31 August – 26 November 2010

The Fastrack course comprises of three modules. Improve your personal skills and gain NGB instructor qualifications in sailing, kayaking and rock climbing. This flexible intensive skills course allows you to choose from a single module to the whole package. Applications, interviews and selection

for Fastrack Instructor course from February 2010. Work experience is available from April onwards for you to work alongside WOEC instructors before the course starts.

For more information on the Fastrack Instructor programme go to www.dorsetforyou.com/outdoorandactive

