

Dorset Active Leisure Month

Activities J, K and L

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 1-May-08
19.00 to 20.15
Age suitable: Ages 7 - 15
Ability suitable: Juniors and beginners
Phone for details.
01202 429101 /
Cost: First session free. Need to book: Yes

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 1-May-08
20.15 to 22.00
Age suitable: Adults
Ability suitable: Phone for details
Phone for details.
01202 429101 /
Cost: First session free. Need to book: Yes

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 8-May-08
19.00 to 20.15
Age suitable: Ages 7 - 15
Ability suitable: Juniors and beginners

Phone for details.
01202 429101 /
Cost: First session free. Need to book: Yes

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 8-May-08
20.15 to 22.00
Age suitable: Adults
Ability suitable: Phone for details
Phone for details.
01202 429101 /
Cost: First session free. Need to book: Yes

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 15-May-08
19.00 to 20.15
Age suitable: Ages 7 - 15
Ability suitable: Juniors and beginners
Phone for details.
01202 429101 /
Cost: First session free. Need to book: Yes

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 15-May-08
20.15 to 22.00
Age suitable: Adults
Ability suitable: Phone for details

Phone for details.

01202 429101 /

Cost: First session free. Need to book: Yes

Judo

Judo Taster Session

Dorchester Judo Club

At Sawmills Lane, Weymouth Avenue, Dorchester DT1 2RZ

Wednesday 21-May-08

18.00 to 19.00

Age suitable: Junior - 5 years+

Ability suitable: All

Long sleeves and trousers. Contact for further details.

07939 214504 /

Cost: FREE. Need to book: Phone for details

Judo

Judo Taster Session

Dorchester Judo Club

At Sawmills Lane, Weymouth Avenue, Dorchester DT1 2RZ

Wednesday 21-May-08

19.00 to 20.00

Age suitable: Seniors - 15+

Ability suitable: All

Long sleeves and trousers. Contact for further details.

07939 214504 /

Cost: FREE. Need to book: Phone for details

Judo

Matsumachi Judo Club

At Two Riversmeet Leisure Centre

Thursday 22-May-08

19.00 to 20.15

Age suitable: Ages 7 - 15

Ability suitable: Juniors and beginners
Phone for details.
01202 429101 /
Cost: First session free. Need to book: Yes

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 22-May-08
20.15 to 22.00
Age suitable: Adults
Ability suitable: Phone for details
Phone for details.
01202 429101 /
Cost: First session free. Need to book: Yes

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 29-May-08
19.00 to 20.15
Age suitable: Ages 7 - 15
Ability suitable: Juniors and beginners
Phone for details.
01202 429101 /
Cost: First session free. Need to book: Yes

Judo

Matsumachi Judo Club
At Two Riversmeet Leisure Centre
Thursday 29-May-08
20.15 to 22.00
Age suitable: Adults
Ability suitable: Phone for details

Phone for details.

01202 429101 /

Cost: First session free. Need to book: Yes

Karate

Beginners Karate

Wessex Karate Academy

At Dorchester Dojo, St Marys Church Hall, Alexandra Road, Dorchester, Dorset

Tuesdays 6-May-08

18.00 to 19.30

Age suitable: Children age 6+

Ability suitable: All abilities

Just come along and wear loose clothing, e.g. jogging bottoms and t-shirt.

www.wessexkarate.com

/ gkipete@aol.com

Cost: FREE During May 2007. Need to book: Contact for details

Karate

Beginners Karate

Wessex Karate Academy

At Dorchester Dojo, St Marys Church Hall, Alexandra Road, Dorchester, Dorset

Tuesdays 6-May-08

19.30 to 21.30

Age suitable: Adults

Ability suitable: All abilities

Just come along and wear loose clothing, e.g. jogging bottoms and t-shirt.

www.wessexkarate.com

/ gkipete@aol.com

Cost: FREE During May 2008. Need to book: Contact for details

Karate

Barton Karate Club

At Burton Scout Hall, Martins Hill Close, Burton

Wednesday 7-May-08

18.30 to 20.00

Age suitable: Children

Ability suitable: Phone for details

Phone for details.

01202 478017 /

Cost: Free trial session. Need to book: Phone for details

Karate

Barton Karate Club

At Burton Scout Hall, Martins Hill Close, Burton

Wednesday 7-May-08

20.00 to 22.00

Age suitable: Adults

Ability suitable: Phone for details

Phone for details.

01202 478017 /

Cost: Free trial session. Need to book: Phone for details

Karate

Beginners Karate

Wessex Karate Academy

At Dorchester Dojo, St Marys Church Hall, Alexandra Road, Dorchester, Dorset

Tuesdays 13-May-08

18.00 to 19.30

Age suitable: Children age 6+

Ability suitable: All abilities

Just come along and wear loose clothing, e.g. jogging bottoms and t-shirt.

www.wessexkarate.com

/ gkipete@aol.com

Cost: FREE During May 2007. Need to book: Contact for details

Karate

Beginners Karate

Wessex Karate Academy

At Dorchester Dojo, St Marys Church Hall, Alexandra Road, Dorchester, Dorset
Tuesdays 13-May-08
19.30 to 21.30
Age suitable: Adults
Ability suitable: All abilities
Just come along and wear loose clothing, e.g. jogging bottoms and t-shirt.
www.wessexkarate.com
/ gkipete@aol.com
Cost: FREE During May 2008. Need to book: Contact for details

Karate

Barton Karate Club
At Burton Scout Hall, Martins Hill Close, Burton
Wednesday 14-May-08
18.30 to 20.00
Age suitable: Children
Ability suitable: Phone for details
Phone for details.
01202 478017 /
Cost: Free trial session. Need to book: Phone for details

Karate

Barton Karate Club
At Burton Scout Hall, Martins Hill Close, Burton
Wednesday 14-May-08
20.00 to 22.00
Age suitable: Adults
Ability suitable: Phone for details
Phone for details.
01202 478017 /
Cost: Free trial session. Need to book: Phone for details

Karate

Beginners Karate

Wessex Karate Academy
At Dorchester Dojo, St Marys Church Hall, Alexandra Road, Dorchester, Dorset
Tuesdays 20-May-08
18.00 to 19.30
Age suitable: Children age 6+
Ability suitable: All abilities
Just come along and wear loose clothing, e.g. jogging bottoms and t-shirt.
www.wessexkarate.com
/ gkipete@aol.com
Cost: FREE During May 2007. Need to book: Contact for details

Karate

Beginners Karate
Wessex Karate Academy
At Dorchester Dojo, St Marys Church Hall, Alexandra Road, Dorchester, Dorset
Tuesdays 20-May-08
19.30 to 21.30
Age suitable: Adults
Ability suitable: All abilities
Just come along and wear loose clothing, e.g. jogging bottoms and t-shirt.
www.wessexkarate.com
/ gkipete@aol.com
Cost: FREE During May 2008. Need to book: Contact for details

Karate

Barton Karate Club
At Burton Scout Hall, Martins Hill Close, Burton
Wednesday 21-May-08
18.30 to 20.00
Age suitable: Children
Ability suitable: Phone for details
Phone for details.
01202 478017 /
Cost: Free trial session. Need to book: Phone for details

Karate

Barton Karate Club
At Burton Scout Hall, Martins Hill Close, Burton
Wednesday 21-May-08
20.00 to 22.00
Age suitable: Adults
Ability suitable: Phone for details
Phone for details.
01202 478017 /
Cost: Free trial session. Need to book: Phone for details

Karate

Beginners Karate
Wessex Karate Academy
At Dorchester Dojo, St Marys Church Hall, Alexandra Road, Dorchester, Dorset
Tuesdays 27-May-08
18.00 to 19.30
Age suitable: Children age 6+
Ability suitable: All abilities
Just come along and wear loose clothing, e.g. jogging bottoms and t-shirt.
www.wessexkarate.com
/ gkipete@aol.com
Cost: FREE During May 2007. Need to book: Contact for details

Karate

Beginners Karate
Wessex Karate Academy
At Dorchester Dojo, St Marys Church Hall, Alexandra Road, Dorchester, Dorset
Tuesdays 27-May-08
19.30 to 21.30
Age suitable: Adults
Ability suitable: All abilities

Just come along and wear loose clothing, e.g. jogging bottoms and t-shirt.
www.wessexkarate.com
/ gkipete@aol.com
Cost: FREE During May 2008. Need to book: Contact for details

Karate

Barton Karate Club
At Burton Scout Hall, Martins Hill Close, Burton
Wednesday 28-May-08
18.30 to 20.00
Age suitable: Children
Ability suitable: Phone for details
Phone for details.
01202 478017 /
Cost: Free trial session. Need to book: Phone for details

Karate

Barton Karate Club
At Burton Scout Hall, Martins Hill Close, Burton
Wednesday 28-May-08
20.00 to 22.00
Age suitable: Adults
Ability suitable: Phone for details
Phone for details.
01202 478017 /
Cost: Free trial session. Need to book: Phone for details

Karate

Shukokai Karate
At Phone for details
Phone for details Phone for details
Phone for details to Phone for details
Age suitable: Phone for details
Ability suitable: Phone for details

Phone for details.

07871 038792 /

Cost: First session free. Need to book: Phone for details

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Wednesday 7-May-08

19.00 to 19.55

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Wednesday 14-May-08

19.00 to 19.55

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Wednesday 21-May-08

19.00 to 19.55

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Wednesday 28-May-08

19.00 to 19.55

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Friday 2-May-08

19.00 to 20.00

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Friday 9-May-08

19.00 to 20.00

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Friday 16-May-08

19.00 to 20.00

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Friday 23-May-08

19.00 to 20.00

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kickboxing

Taster session

PUMA

At Gryphon Leisure Centre, Bristol Road, Sherborne DT9 4EQ

Friday 30-May-08

19.00 to 20.00

Age suitable: 4 yrs+

Ability suitable: Anyone aged 4 yrs+

Wear loose fitting clothing, no footwear required. Bring a drink. First 2 lessons FREE!!

www.puma-uk.com

0845 600 1967 / martialartsjclark@btinternet.com

Cost: First 2 lessons. Need to book: Yes

Kites

Kites and fire

Hilfield Project

At The car park at Hilfield Friary, Hilfield, Dorchester, Dorset DT2 7BE

Saturday 17-May-08

10.30 to 16.00

Age suitable: Phone for details

Ability suitable: Phone for details

Come make and fly a kite followed by a bonfire tea, bring pack lunch.

01300 341741 /

Cost: £3. Need to book: Yes

Ladies Fitness and Weight Management

Legs, Bums & Tums for New Mums 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Weymouth, City & Prov. House, 5b Surrey Close, Granby Industrial Estate,
Weymouth DT4 9GD
Monday 5-May-08
9.00 to 18.30
Age suitable: 16-96. Over 96, please enquire
Ability suitable: All ages shapes and abilities
Curves unique 30 minute workout is fun & fast. Programs with the support you need to
guarantee meeting your goals. Any time 9.00-14.00 and 16.00-18.30.
<http://myweb.tiscali.co.uk/curvesweymouth>
01305 777009 / barbara.hart@tiscali.co.uk
Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Legs, Bums & Tums for New Mums 1 week Taster
Curves Fitness and Weight Management Centre
At Curves Dorchester, Unit 6b Poundbury West Industrial Estate, Dorchester DT1 2PG
Monday 5-May-08
9.00 to 18.30
Age suitable: 16-96. Over 96, please enquire
Ability suitable: All ages shapes and abilities
Curves unique 30 minute workout is fun & fast. Programs with the support you need to
guarantee meeting your goals.
www.curves.com
01305 751525 / barbara.hart@tiscali.co.uk
Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Curves Use it & Loose it 1 week Taster
Curves Fitness and Weight Management Centre
At Curves Weymouth, City & Prov. House, 5b Surrey Close, Granby Industrial Estate,
Weymouth DT4 9GD
Monday 5-May-08
9.00 to 18.30
Age suitable: 16-96. Over 96, please enquire
Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals.

www.curves.com

01305 777009 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Curves Use it & Loose it 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Dorchester, Unit 6b Poundbury West Industrial Estate, Dorchester DT1 2PG

Monday 5-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals.

www.curves.com

01305 751525 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Legs, Bums & Tums for New Mums 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Weymouth, City & Prov. House, 5b Surrey Close, Granby Industrial Estate,

Weymouth DT4 9GD

Monday 12-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals. Any time 9.00-14.00 and 16.00-18.30.

<http://myweb.tiscali.co.uk/curvesweymouth>

01305 777009 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Legs, Bums & Tums for New Mums 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Dorchester, Unit 6b Poundbury West Industrial Estate, Dorchester DT1 2PG

Monday 12-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

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www.curves.com

01305 751525 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

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Curves Fitness and Weight Management Centre

At Curves Weymouth, City & Prov. House, 5b Surrey Close, Granby Industrial Estate,

Weymouth DT4 9GD

Monday 12-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals.

www.curves.com

01305 777009 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Curves Use it & Loose it 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Dorchester, Unit 6b Poundbury West Industrial Estate, Dorchester DT1 2PG

Monday 12-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals.

www.curves.com

01305 751525 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Legs, Bums & Tums for New Mums 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Weymouth, City & Prov. House, 5b Surrey Close, Granby Industrial Estate, Weymouth DT4 9GD

Monday 19-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals. Any time 9.00-14.00 and 16.00-18.30.

<http://myweb.tiscali.co.uk/curvesweymouth>

01305 777009 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Legs, Bums & Tums for New Mums 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Dorchester, Unit 6b Poundbury West Industrial Estate, Dorchester DT1 2PG

Monday 19-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals.

www.curves.com

01305 751525 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Curves Use it & Loose it 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Weymouth, City & Prov. House, 5b Surrey Close, Granby Industrial Estate,
Weymouth DT4 9GD

Monday 19-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals.

www.curves.com

01305 777009 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Curves Use it & Loose it 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Dorchester, Unit 6b Poundbury West Industrial Estate, Dorchester DT1 2PG

Monday 19-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals.

www.curves.com

01305 751525 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Legs, Bums & Tums for New Mums 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Weymouth, City & Prov. House, 5b Surrey Close, Granby Industrial Estate,
Weymouth DT4 9GD

Monday 26-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to
guarantee meeting your goals. Any time 9.00-14.00 and 16.00-18.30.

<http://myweb.tiscali.co.uk/curvesweymouth>

01305 777009 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Legs, Bums & Tums for New Mums 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Dorchester, Unit 6b Poundbury West Industrial Estate, Dorchester DT1 2PG

Monday 26-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

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www.curves.com

01305 751525 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Curves Use it & Loose it 1 week Taster

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Weymouth DT4 9GD

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9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

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www.curves.com

01305 777009 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Ladies Fitness and Weight Management

Curves Use it & Loose it 1 week Taster

Curves Fitness and Weight Management Centre

At Curves Dorchester, Unit 6b Poundbury West Industrial Estate, Dorchester DT1 2PG

Monday 26-May-08

9.00 to 18.30

Age suitable: 16-96. Over 96, please enquire

Ability suitable: All ages shapes and abilities

Curves unique 30 minute workout is fun & fast. Programs with the support you need to guarantee meeting your goals.

www.curves.com

01305 751525 / barbara.hart@tiscali.co.uk

Cost: FREE. Need to book: Yes

Lawn Bowls

Bowls Taster

Weymouth & Melcombe Regis Bowls Club

At Weymouth & Melcombe Regis Bowling Club, Commerical Road Weymouth DT4 7DW

Saturday 17-May-08

10:30 to 16:00

Age suitable: 11 to 111

Ability suitable: Boys, Girls, Men & Ladies of any ability

The club will provide the bowls appropriate footwear and coaching staff. Loose fitting clothing is recommended.

01305 779082 or 01305 760362 /

Cost: Free. Need to book: No

Lawn Green Bowls

Open Day

Gillingham Bowling Club

At Gillingham Bowling Club, School Lane, Gillingham SP8 4QR

Saturday 10-May-08

10.00 to 16.00

Age suitable: From the age of 10 upwards

Ability suitable: All abilities

Need to wear flat soled trainers we do have some shoes but not all sizes.

01747 822651 / ronwing@henriette.freeserve.co.uk

Cost: Free. Need to book: No

Leisure Centre

Buy one aerobics session, get your next session free

Thomas Hardy Leisure Centre

At Thomas Hardy Leisure Centre, Coburg Road, Dorchester, Dorset DT1 2HT

All week 5-May-08

Please contact reception for further details on 01305 266772

Age suitable: 16 years+

Ability suitable: Beginners - intermediate

Classes in this promotion include: Intermediate Salsa Fit, Cardio Kick and Balance and Flow. This voucher is non transferable.

www.westdorset-dc.gov.uk

01305 266772 / j.burton@westdorset-dc.gov.uk

Cost: Buy one aerobics session, get your next session free (Normal cost: £4.40 or concession £3.00). Need to book: Yes

Leisure Centre

Buy one aerobics session, get your next session free

Thomas Hardy Leisure Centre

At Thomas Hardy Leisure Centre, Coburg Road, Dorchester, Dorset DT1 2HT

All week 12-May-08

Please contact reception for further details on 01305 266772

Age suitable: 16 years+

Ability suitable: Beginners - intermediate

Classes in this promotion include: Intermediate Salsa Fit, Cardio Kick and Balance and Flow. This voucher is non transferable.

www.westdorset-dc.gov.uk

01305 266772 / j.burton@westdorset-dc.gov.uk

Cost: Buy one aerobics session, get your next session free (Normal cost: £4.40 or concession £3.00). Need to book: Yes

Leisure Centre

Buy one aerobics session, get your next session free

Thomas Hardy Leisure Centre

At Thomas Hardy Leisure Centre, Coburg Road, Dorchester, Dorset DT1 2HT

All week 19-May-08

Please contact reception for further details on 01305 266772

Age suitable: 16 years+

Ability suitable: Beginners - intermediate

Classes in this promotion include: Intermediate Salsa Fit, Cardio Kick and Balance and Flow. This voucher is non transferable.

www.westdorset-dc.gov.uk

01305 266772 / j.burton@westdorset-dc.gov.uk

Cost: Buy one aerobics session, get your next session free (Normal cost: £4.40 or concession £3.00). Need to book: Yes

Leisure Centre

Buy one aerobics session, get your next session free

Thomas Hardy Leisure Centre

At Thomas Hardy Leisure Centre, Coburg Road, Dorchester, Dorset DT1 2HT

All week 26-May-08

Please contact reception for further details on 01305 266772

Age suitable: 16 years+

Ability suitable: Beginners - intermediate

Classes in this promotion include: Intermediate Salsa Fit, Cardio Kick and Balance and Flow. This voucher is non transferable.

www.westdorset-dc.gov.uk

01305 266772 / j.burton@westdorset-dc.gov.uk

Cost: Buy one aerobics session, get your next session free (Normal cost: £4.40 or concession £3.00). Need to book: Yes

Lifesaving

Boscombe Lifeguards

At Kinson Swimming Baths

Sundays 4-May-08

Phone for details to Phone for details

Age suitable: Phone for details

Ability suitable: Phone for details

Phone for details.

01202 267632 /

Cost: Phone for details. Need to book: Phone for details

Lifesaving

Boscombe Lifeguards

At Kinson Swimming Baths

Sundays 11-May-08

Phone for details to Phone for details

Age suitable: Phone for details

Ability suitable: Phone for details

Phone for details.

01202 267632 /

Cost: Phone for details. Need to book: Phone for details

Lifesaving

Boscombe Lifeguards

At Kinson Swimming Baths

Sundays 18-May-08

Phone for details to Phone for details

Age suitable: Phone for details
Ability suitable: Phone for details
Phone for details.
01202 267632 /
Cost: Phone for details. Need to book: Phone for details

Lifesaving

Boscombe Lifeguards
At Kinson Swimming Baths
Sundays 25-May-08
Phone for details to Phone for details
Age suitable: Phone for details
Ability suitable: Phone for details
Phone for details.
01202 267632 /
Cost: Phone for details. Need to book: Phone for details

Lifesaving

Bournemouth Lifeguard Corps
At Phone for details
Phone for details Phone for details
Phone for details to Phone for details
Age suitable: Phone for details
Ability suitable: Phone for details
Opportunities for adults and children.
07811 007920 /
Cost: Phone for details. Need to book: Phone for details

Lifesaving

Christchurch Lifesaving Club
At Phone for details
Phone for details Phone for details
Phone for details to Phone for details
Age suitable: Phone for details

Ability suitable: Phone for details

Phone for details.

07761 034616 /

Cost: Phone for details. Need to book: Phone for details

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Weyvalley School, Dorchester Road, Weymouth

Thursdays 1-May-08

19:00 to 21:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.50. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Preston Village Hall

Tuesdays 6-May-08

19:30 to 21:00

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.50. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Wow Theatre, Park Street, Weymouth

Wednesday 7-May-08

10:00 to 12:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.30. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Weyvalley School, Dorchester Road, Weymouth

Thursdays 8-May-08

19:00 to 21:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.50. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Preston Village Hall

Tuesdays 13-May-08

19:30 to 21:00

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 /

Cost: £3.50. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Wow Theatre, Park Street, Weymouth

Wednesday 14-May-08

10:00 to 12:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.30. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Weyvalley School, Dorchester Road, Weymouth

Thursdays 15-May-08

19:00 to 21:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.50. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Preston Village Hall

Tuesdays 20-May-08

19:30 to 21:00

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 /

Cost: £3.50. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Wow Theatre, Park Street, Weymouth

Wednesday 21-May-08

10:00 to 12:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.30. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Weyvalley School, Dorchester Road, Weymouth

Thursdays 22-May-08

19:00 to 21:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.50. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Preston Village Hall

Tuesdays 27-May-08

19:30 to 21:00

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 /

Cost: £3.50. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Wow Theatre, Park Street, Weymouth

Wednesday 28-May-08

10:00 to 12:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.

Watch out for the advertisement in the Dorset Echo.

01305 773033 / josephinebarrow@aol.com

Cost: £3.30. Need to book: No

Line Dancing

Weekly Line Dance Classes

Bordline Line Dancing Club

At Weyvalley School, Dorchester Road, Weymouth

Thursdays 29-May-08

19:00 to 21:30

Age suitable: 8 yrs - 80

Ability suitable: All

Every September we start a course for brand new beginners, the first class is then free.
Watch out for the advertisement in the Dorset Echo.
01305 773033 / josephinebarrow@aol.com
Cost: £3.50. Need to book: No